

Chapter 4: Post-treatment surveillance for endometrial cancer

CQ21

What intervals are recommended for post-treatment surveillance?

Recommendations:

Standard intervals between routine follow-up appointments are shown below (Grade C1):

1. Every 1 to 3 months for the first 1 to 3 years after treatment
2. Every 6 months for the fourth and fifth years after treatment
3. Annually from the sixth year after treatment

[See Fig. 4]

CQ22

Should pelvic examinations and vaginal vault smears be performed in post-treatment follow-up?

Recommendations:

1. Pelvic examination should be performed to diagnose recurrence in the pelvis (Grade A).
2. Vaginal vault smears are considered to detect vaginal stump recurrence (Grade C1).

[See Fig. 4]

CQ23

Should serum tumor markers be measured in post-treatment follow-up?

Recommendations:

Measurement of CA-125 or CA19-9 is considered in post-treatment follow-up (Grade C1).

[See Fig. 4]

CQ24

Should diagnostic imaging be performed in post-treatment follow-up?

Recommendations:

1. Annual chest X-rays are considered for early detection of recurrence (Grade C1).
2. Diagnostic imaging methods such as MRI or CT scan are recommended when the recurrence is suspected clinically. (Grade B).

[See Fig. 4]

CQ25

Is hormone replacement therapy recommended after treatment?

Recommendations:

Hormone replacement therapy after treatment is carefully considered after having explained the advantages and disadvantages to the patient (Grade C1).

Fig. 4 Postoperative adjuvant treatment for endometrial cancer.

